



On the first and third Tuesdays of the month The Stroke Association Communication Support Service holds sessions at The Anchorage Centre between 10am and 12 noon.

These are designed to maximise, as much as possible, the communication skills left as a result having a stroke by developing new strategies for communicating.

The service aims to assist people living with communication problems to rebuild their confidence by providing them with opportunities to practice their skills within a safe and supportive environment with Stroke Association staff and volunteers who understand their complex needs.

The service provides support and guidance to carers as they work towards new communication strategies for their partners and relatives. Carers receive respite while the stroke survivors attend groups or one-to-one support in sessions in their own homes.

The Communication Support Co-ordinator for Tavistock is:

Stephen Phillips
The Stroke Association,
The William & Patricia Venton Centre,
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For information on other aspects of stroke:

Stroke Helpline 0845 3033 100
www.stroke.org.uk